

A celebration of the life of
SUE LYONS
3rd May 1947— 20th September 2024



Mona Farm, Braidwood
Sunday 29th September 2024
at 3:30 pm



ORDER OF SERVICE

Welcome



Eulogy

Sam



Music - Between the Lines

Janis Ian



Words from Sue's grandchildren

Jolyon & Ivy



Reflection on Sue's life

Beth



**Exit Music - I never promised you a rose
garden**

Lynn Anderson



Afternoon Tea



Sue on holiday with her parents c.1964

Sue was born in Chester on 3rd May 1947. The youngest of three children, she had a love for sport, the outdoors and for spending time with her mum, Moyra. Sue was involved in most things in Chester including the Guides, sailing club and being on the Youth Council. Sue attended the Queen's School where she developed a love for lacrosse. Ironically, considering her later career, Sue was not initially academically gifted and struggled at her O levels and then her A Levels, something she later reflected could be due to undiagnosed dyslexia.

Following her A Levels, Sue received an offer from Bedford College of Physical Education to train to become a teacher. It was at Bedford that Sue really discovered her love for learning and dance.

Sue's love for lacrosse continued to grow and she represented her region. Following graduation from Bedford, Sue undertook her early teaching years at Birkenhead High School.

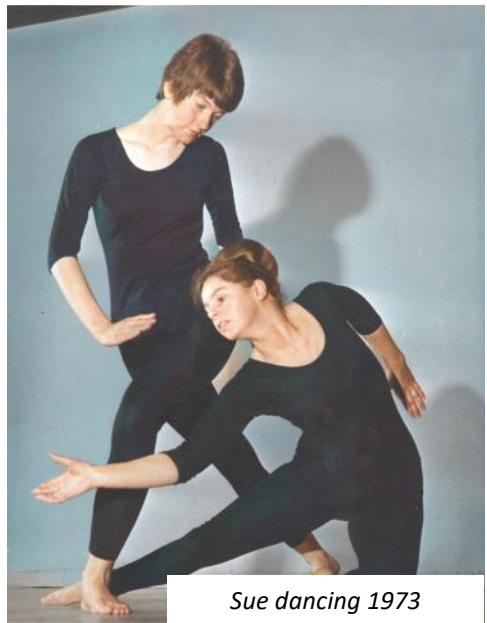
Sue trained at the Laban Centre for Movement and Dance and embedded dance as core to her teaching and passion.

Sue made the transition to lecturing when she joined St Mary's College, where she lectured in P.E, art and dance. During this time, Sue wrote several books on dance and lacrosse.

It was at St Mary's College that Sue met her future husband Keith. They married in 1982 and during that time Keith provided typing support to Sue as she furthered her education with a PhD in teaching practice, something that she completed at the same time as giving birth to Beth and Sam.

Sue spent many happy summers coaching lacrosse in Merstead Summer Camps, starting in the 1970s, where she made life long friends. Sue continued to work at camp with Keith, Beth and Sam until the mid 1990s. Sue put her lacrosse acumen to the test at the top level during her time as coach for the England, and then Wales lacrosse teams, attending World Cups and becoming an integral part of the lacrosse community

Balancing life lecturing at St Mary's College, Strawberry Hill, with family life eventually led Sue and Keith to look for a change. After a holiday in Devon and Cornwall they decided to make the move and bought a bed and breakfast in Totnes, Devon. While in Devon Sue enjoyed life working at Dartington College and really ignited her passion for yoga.





Sue with her family

After 5 years and Keith's PhD, Sue and Keith were ready for another change. This time Sue took a role as one of Her Majesty's Inspectors of Schools. This role took the family to Monmouth and her family and friends saw Sue thrive as she was able to support teaching and learning in her daily work.

Sue developed an autoimmune disease in the mid 1990s. This changed her life direction and led her to focus more on wellness and yoga practice. Sue was able to use all her skills from all parts of her life to date - her intellect, her curiosity, her understanding of her body and her willingness to take risks - to manage her health for 30 years, 25 years longer than originally predicted.

Moving to Australia in 2002 was a massive change for Sue. She was excited to come with Keith and to provide new opportunities for Beth and Sam but it was a wrench to leave behind her friends and family. Sue enjoyed regular trips back to the UK and time with her long term friends.

Sue and Keith embraced life in Australia and teaching remained a constant source of joy for Sue. Sue loved being a support to her family and part of the community. Life in Braidwood brought Sue back to her roots, feeling a sense of belonging to a place - as she did in her early days in Chester.

Sue was a teacher throughout her life. Even after retiring teaching remained at the core of her being - from work with children with special needs to her life long yoga teaching. Every person she worked with was at the centre of Sue's attention and her desire to help them build skills for their life.

Sue was preceded in death by her parents John and Moyra, her husband Keith, and her brother Mark. She is survived by her two children, Beth and Sam, her grandchildren Ivy, Jolyon, Felix and Tully, and her sister Caroline.



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